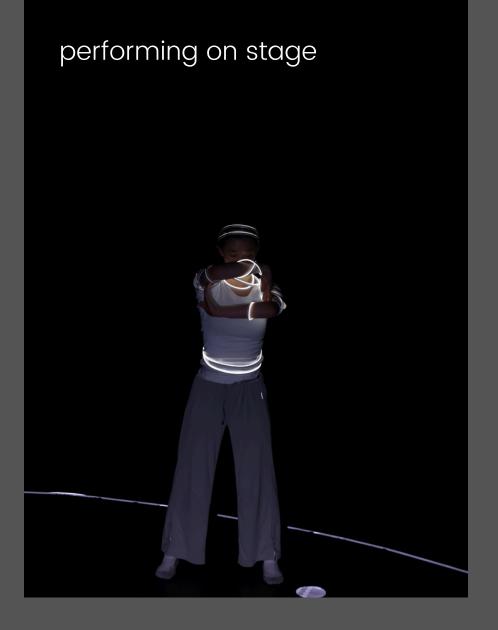


Rationale

It all came from a dance called <u>Autobiography</u> choreographed by Wayne McGregor and performed at Movimentos Festwochen 2018. In that piece, McGregor translated strands of DNA into movement vocabulary—turning genetic code into fluid, living choreography. Before seeing it on YouTube, neuroscience—my rigorously analytical major—and dance—my passionately emotional hobby—ran on separate tracks. However, upon watching *Autobiography*, I realized that it was possible, and would be so cool, to fuse the cold objectivity of data with the visceral expressiveness of dance, to quite literally "dance out" scientific information.

Thus began my journey into this experimental, interdisciplinary project. Having already immersed myself in **Alzheimer's** research, it naturally became the first subject I envisioned for neuro-choreography.

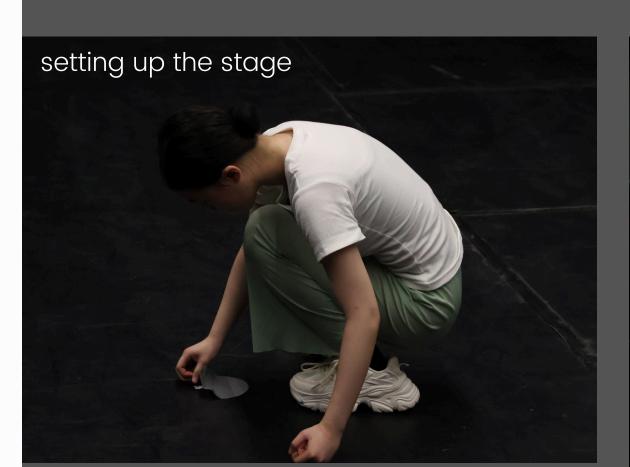
Due to technical limitations, I was restrained to the open-source datasets online. But that didn't stop me. My goal was ambitious: to translate the neural signatures of 20 Alzheimer's patients into movement, while simultaneously mapping an "average" Alzheimer's brain through dance. Keep reading to discover how I brought this vision to life...

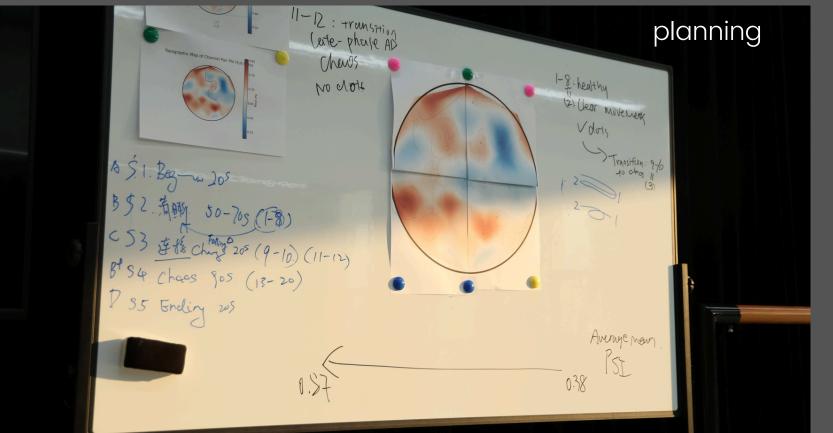




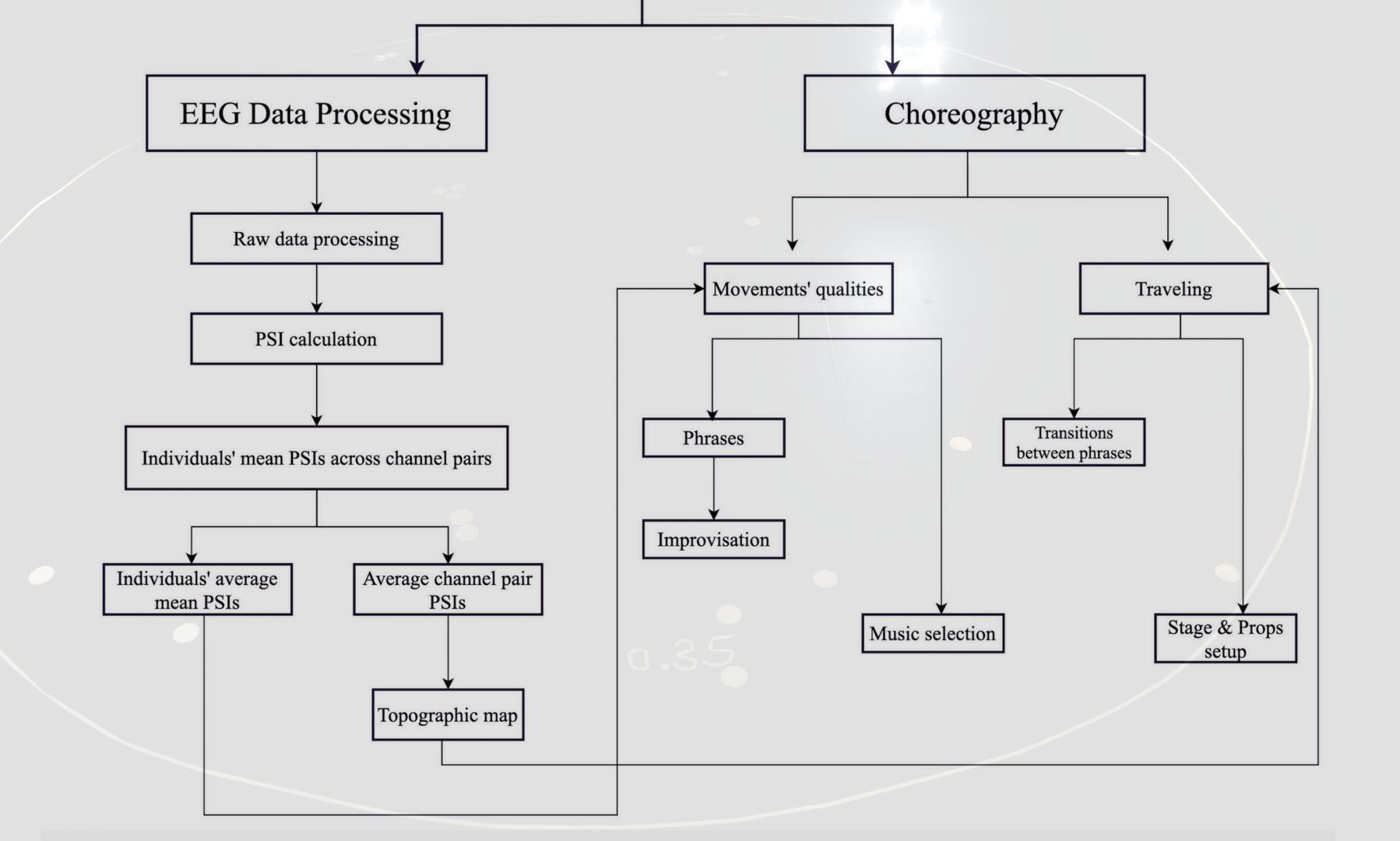
experimenting with time-lapse photography and light sticks

performing on stage

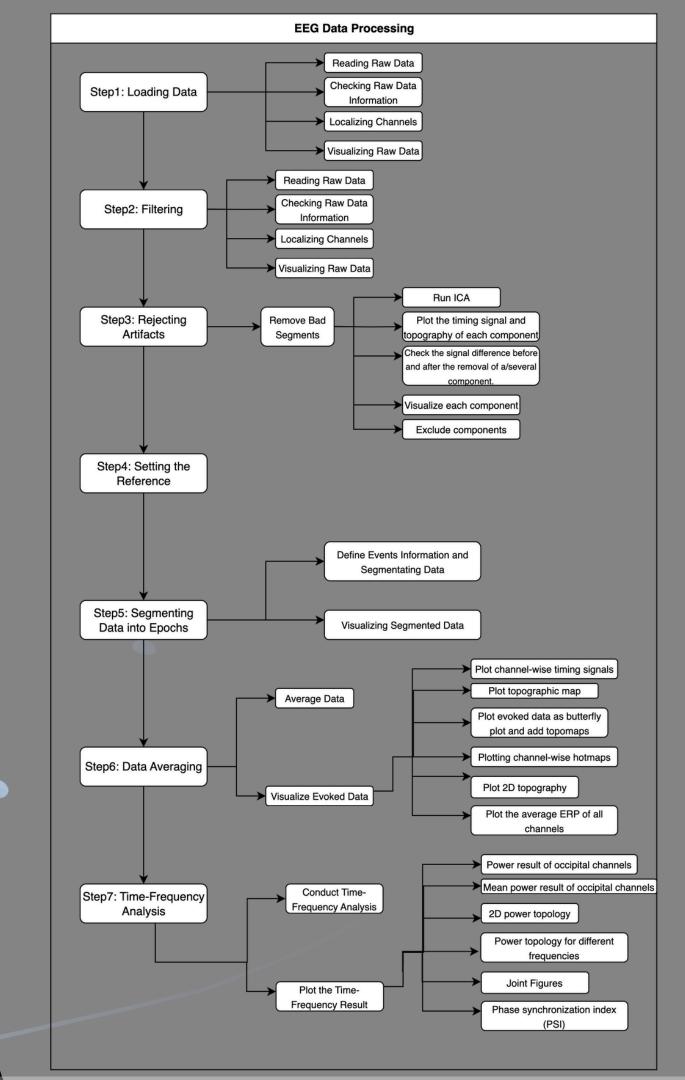


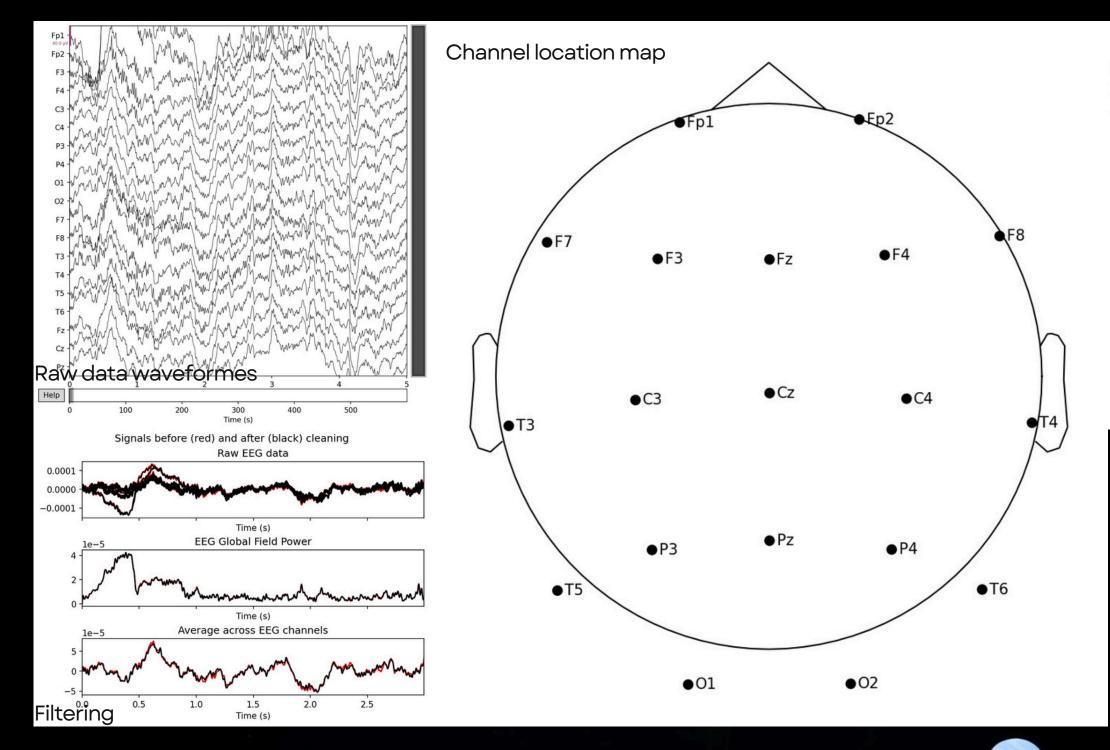




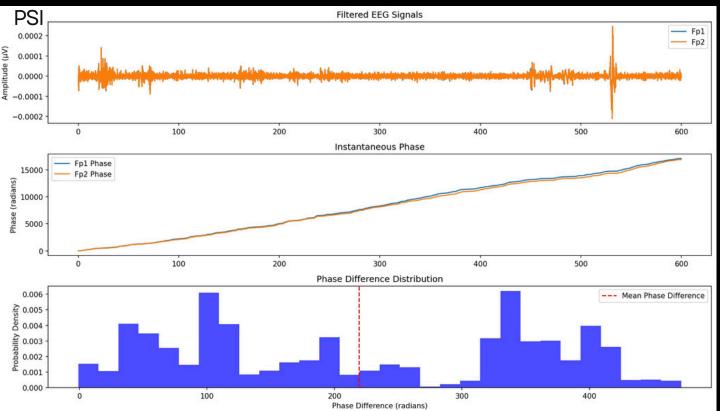


Alzheimer's disease is one of the most widely recognized neurodegenerative diseases, traditionally characterized by progressive neuronal degeneration and shrinkage of brain structures, particularly in the hippocampal region. However, this structural decline does not capture the full story. Recent studies have revealed that Alzheimer's is also marked by disrupted neuronal synchrony, leading to dysfunctional neural network activity (Percio et al., 2023). In this interdisciplinary experimental project merging neuroscience with choreography, I analyzed the phase synchronization indices (PSIs)—a metric of neuronal synchrony—in electroencephalogram (EEG) data from 20 Alzheimer's patients, using open-source datasets from OpenNeuro (Miltiadous et al., 2023).





Parts of Processing .35 displayed



The complete work of data processing with python is displayed here. The file for EEG processing is named

"EEG_Python_Handbook_Preprocessing": https://github.com/cindyshak0104/EEG-Processing-and-PSI-Calculation/tree/0a5b180c8b12c7c3819398

08e31dd6bdfaebf8af

Calculated PSI

First, I calculated the mean PSI for each channel pair across the 20 patients (chatGPT used for this calculation). Then, for each patient, I computed the average of these mean PSI values across all channel pairs. A lower average PSI indicates Greater neuronal desynchronization, and vice versa. This value served as a metric for determining the <u>quality</u> and coherence of my movements as I "danced out" the neuronal synchrony of these 20 patients.

example of one patient:

1		Channel 1	Channel 2	Mean PSI	159	5	Fp1	P3	0.177037411
2	115	P4	Pz	0.518164296	160	31	Fp2	T6	0.372882073
3	121	01	T5	0.28978445	161		-	Р3	0.161091433
4	67	C3	P3	0.252300019			Fp2		
5	104	P3	Pz	0.566985078	162	23	Fp2	P4	0.095077749
6	81	C4	P4	0.191394583	163	14	Fp1	T6	0.173282573
7	63	F4	Fz	0.419569923	164	6	Fp1	P4	0.29648057
8	112	P4	Т6	0.751211483	165	3/1	Fp2	Pz	0.081321551
9	116	01	02	0.176319551			-		
10	91	C4	Cz	0.140273088	166	13	Fp1	T5	0.846700708
11	134	02	Pz	0.045109548	167	17	Fp1	Pz	0.281299691
12	73	C3	Т3	0.924384918	168	7	Fp1	01	0.442125864
13	106	P4	02	0.104934545	169		Fp2	T5	0.749971952
14	78	C3	Cz	0.850622736			•		
15	131	02	Т6	0.468236235	170	24	Fp2	01	0.225517566
16	94	P3	01	0.608825448	171	25	Fp2	O2	0.810811899
17	125	01	Pz	0.517266651	172	8	Fp1	02	0.750943441
18	92	C4	Pz	0.164161643	173				
19	103	P3	Cz	0.178618256					
20	93	P3	P4	0.714467651	174				
21	87	C4	T4	0.113460072	175			average	0.488046567

The whole excel sheet named "Calculated PSI" can also be found on github by clicking "view raw":

https://github.com/cindyshak0104/EEG-Processing-and-PSI-Calculation/tree/0a5b180c8b12c7c381939808e31dd6bdfaebf8af

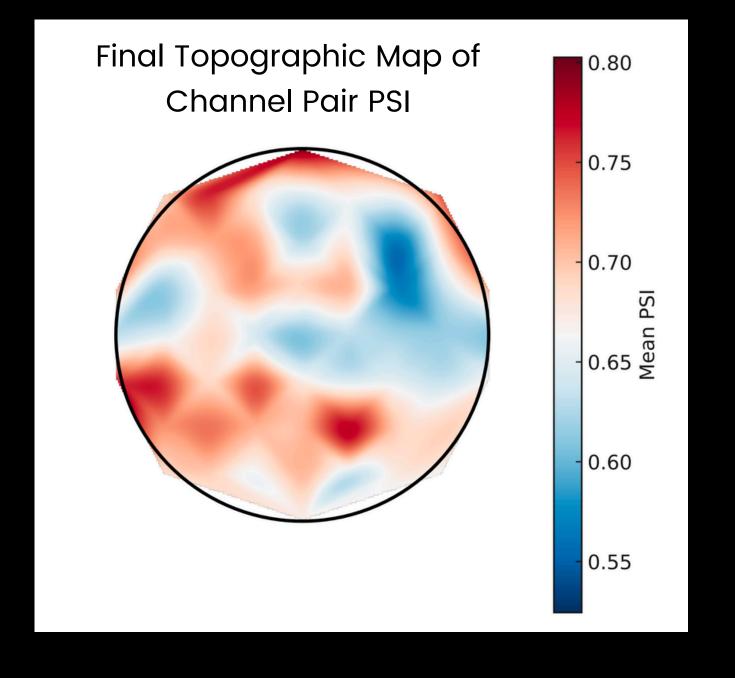
Calculated PSI

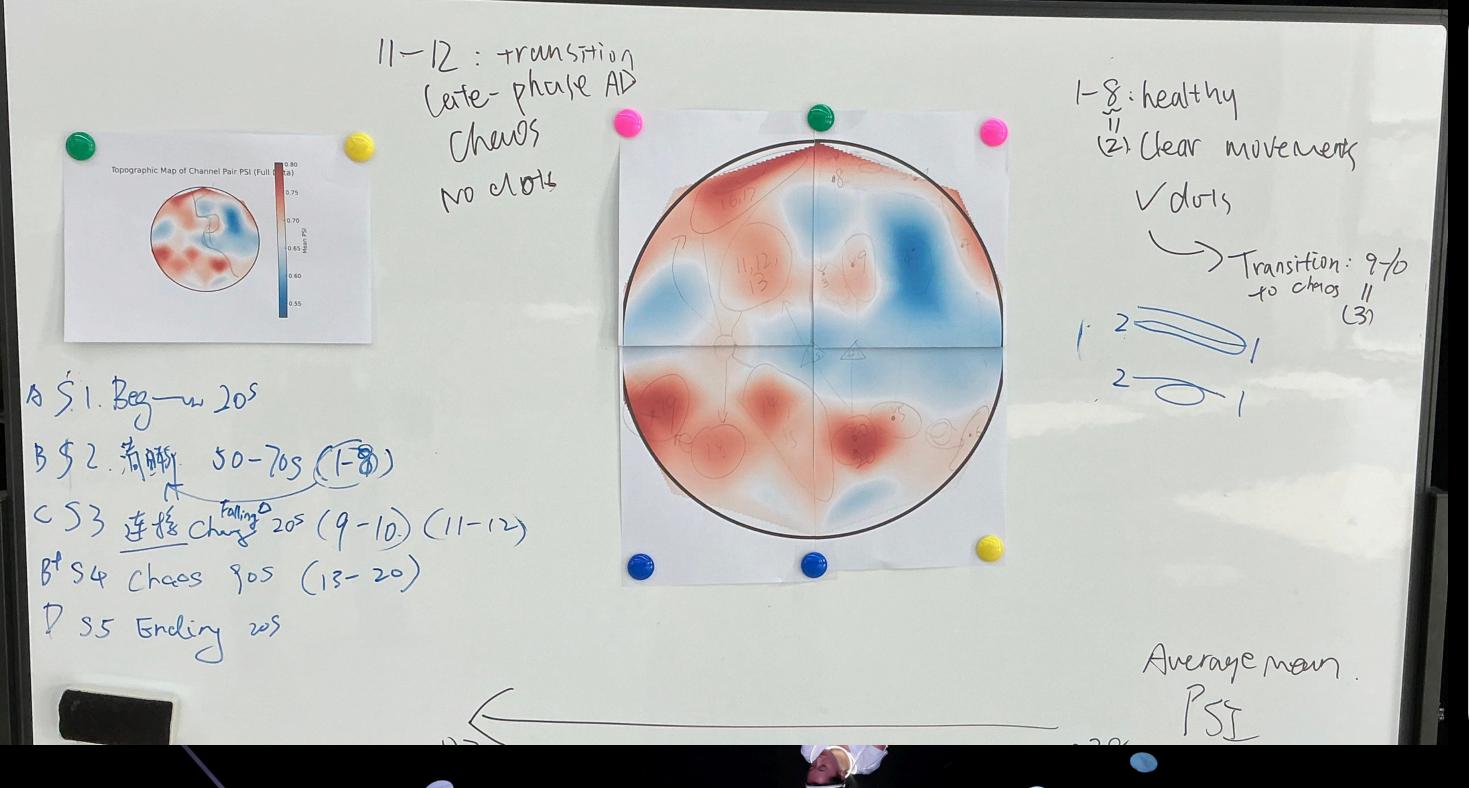
Lastly, I calculated the average mean PSI for each channel pair (chatGPT used here) across the 20 patients (as shown on the final sheet of the Excel file). Using the spatial locations of each channel, I then generated a topographic map to visualize the distribution of these average mean PSI values.

This map guided the <u>trajectory of my</u> dance, as I used light sticks attached to my body to physically "trace" the map—spending more time in the dark red (high synchrony) regions and less in the dark blue (low synchrony) areas.

Example (part of the channels):

Channel Pair	Average Mean PSI				
P4-Pz	0.77473081				
O1-T5	0.682641128				
C3-P3	0.73474264				
P3-Pz	0.722664773				
C4-P4	0.652730923				
F4-Fz	0.696513777				
P4-T6	0.692162581				
01-02	0.671664626				
C4-Cz	0.680543729				
O2-Pz	0.668440025				
C3-T3	0.750443662				
P4-O2	0.673054575				
C3-Cz	0.773398095				
O2-T6	0.65978236				
P3-O1	0.694387487				
O1-Pz	0.704651537				
C4-Pz	0.648224741				
P3-Cz	0.700233465				
P3-P4	0.707407852				

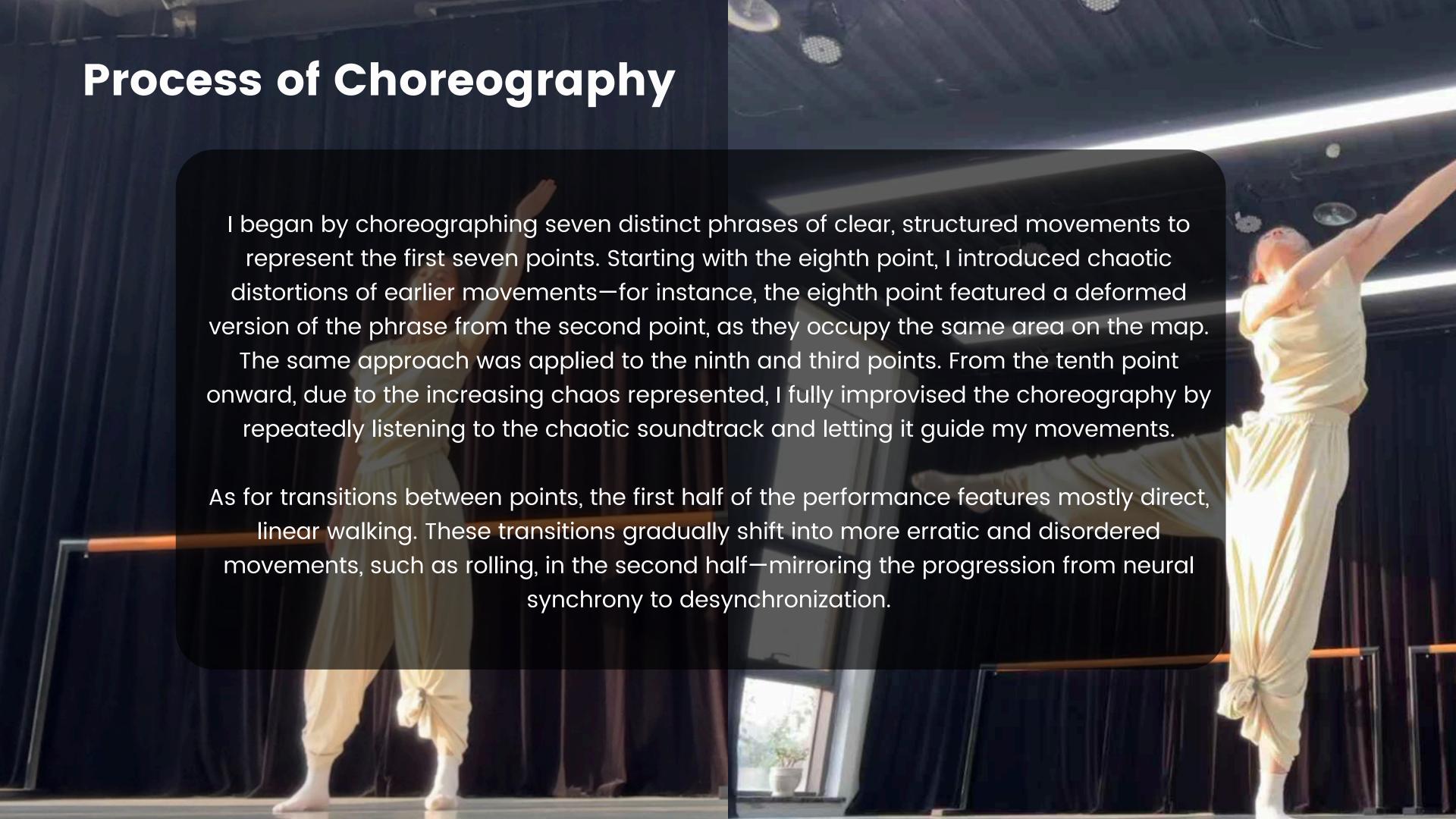


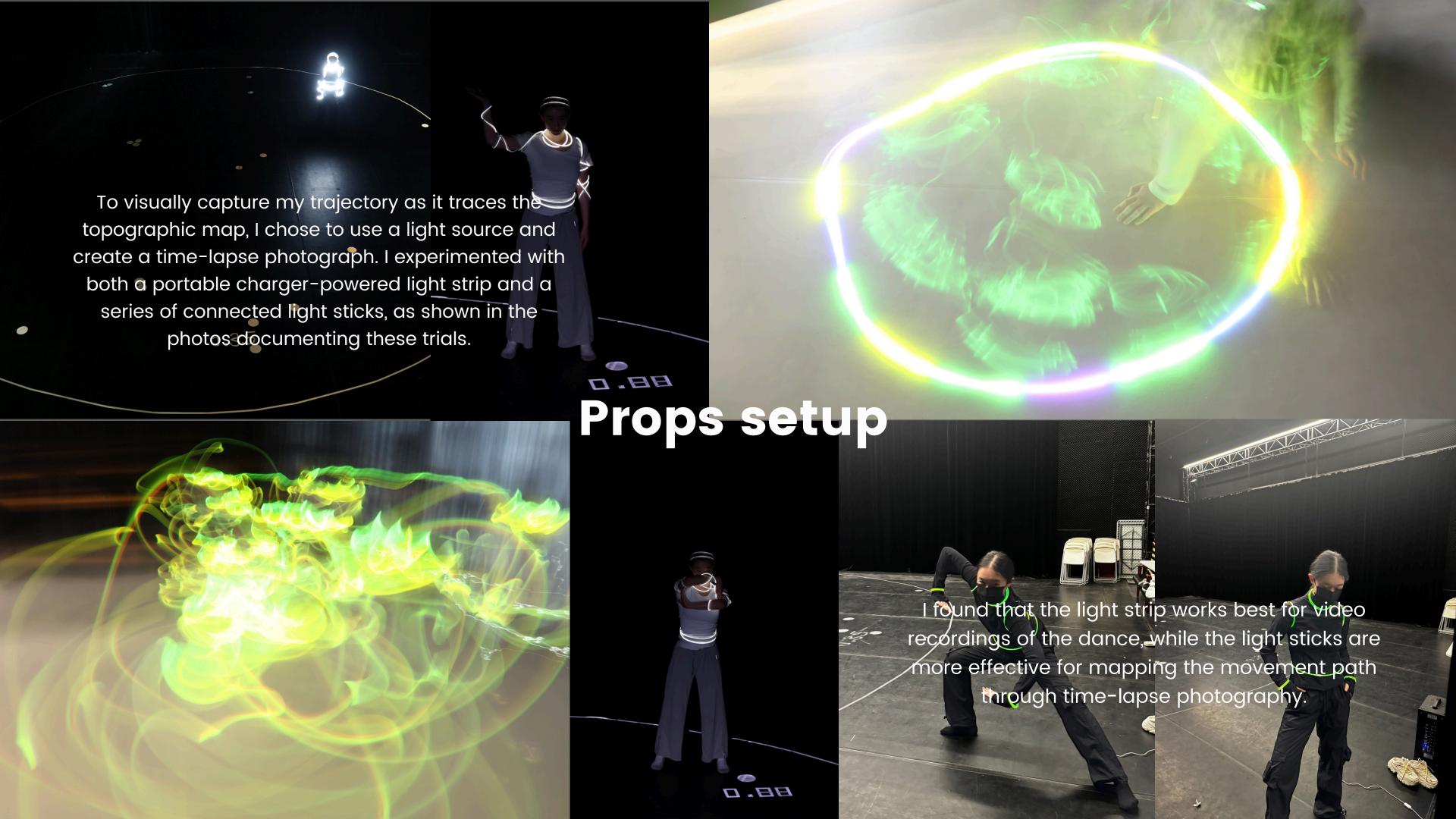


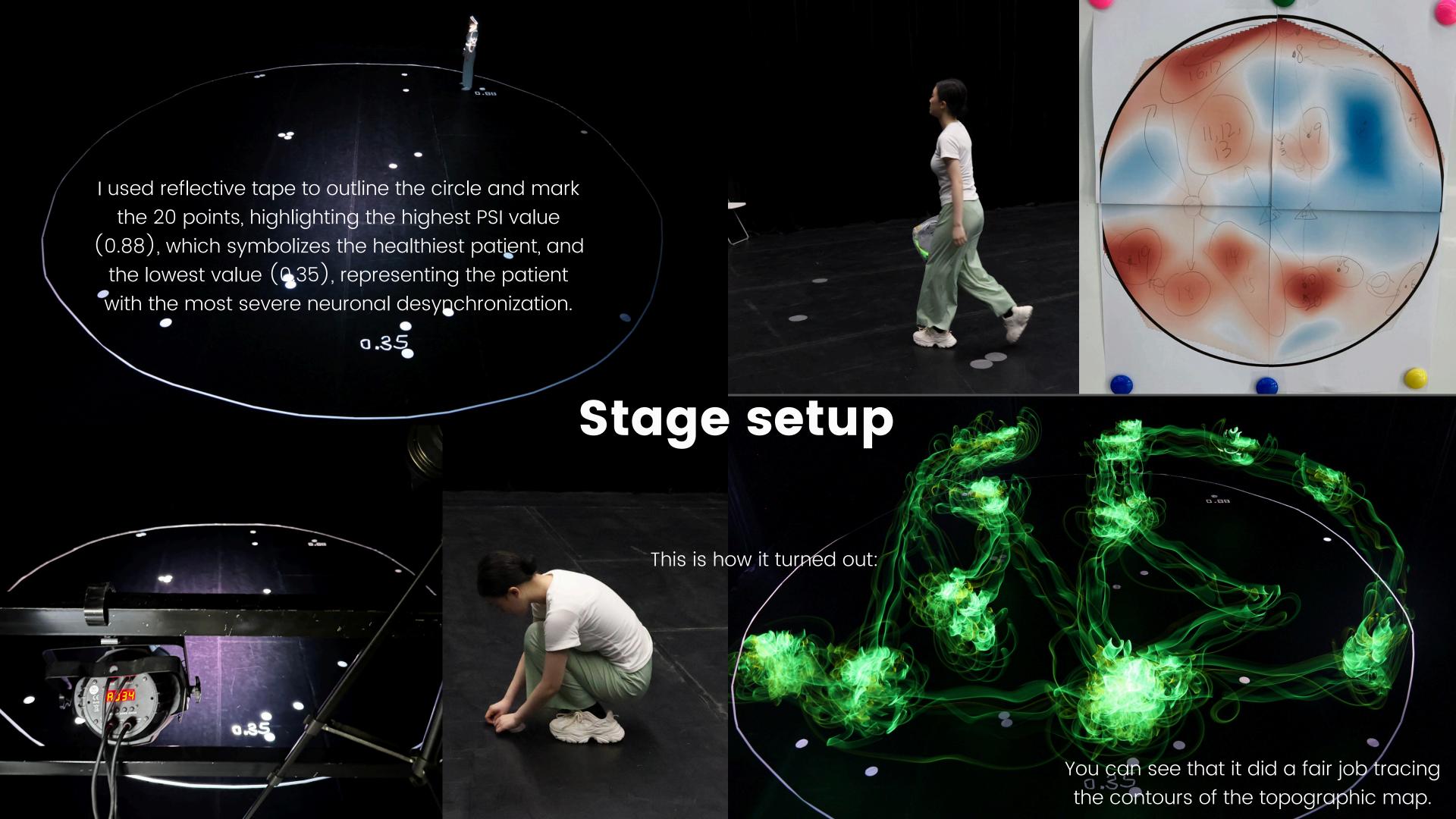
In terms of movement quality, I ranked the 20 PSIs from highest to lowest. The first eight points represent the relatively healthy patients, conveyed through clear, emotionless, and sharp movements. Points 9 and 10 mark the transition from early- to latestage Alzheimer's, with the choreography gradually shifting from structured to increasingly erratic. Points 11 through 20 embody fully chaotic movement, symbolizing late-stage Alzheimer's and the pronounced desynchronization of neuronal activity. Overall, the choreography follows a progressive increase in disorder, culminating in the 20th point—the most disoriented and chaotic in movement.

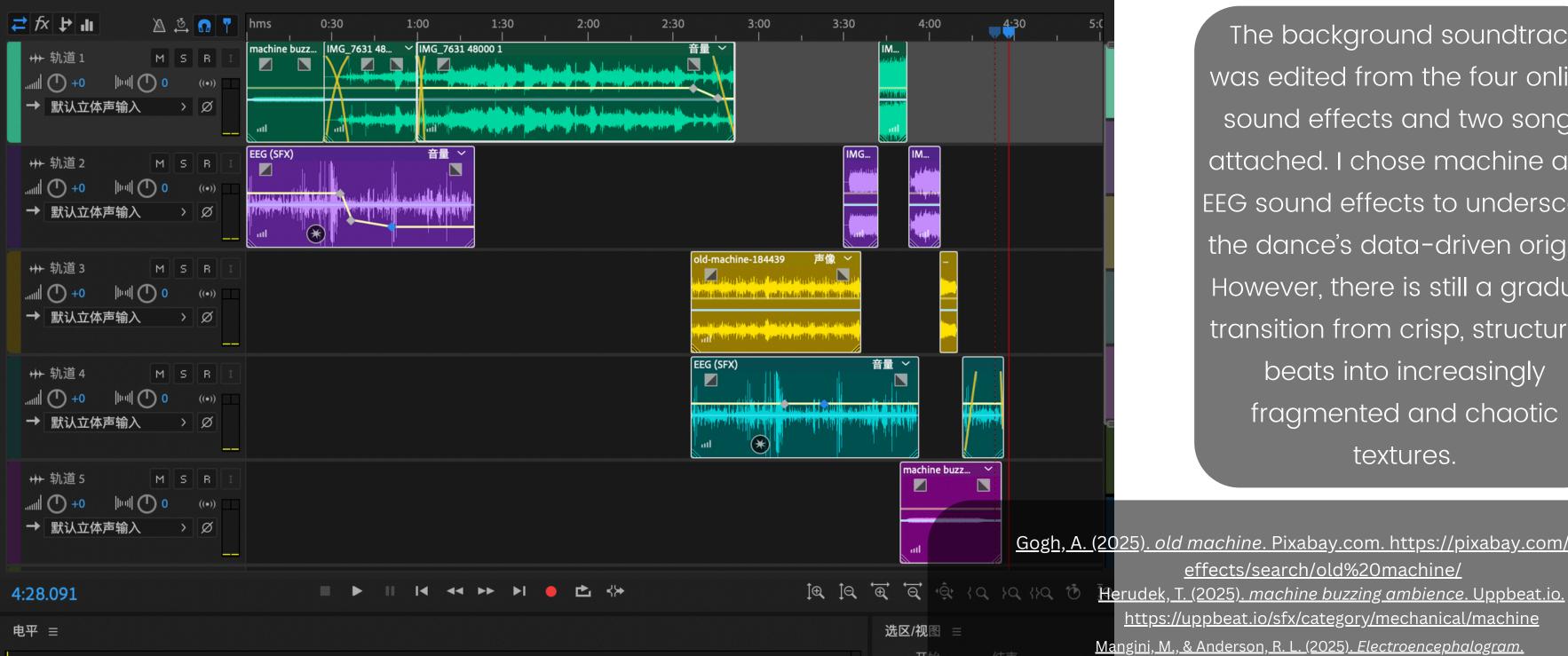
Choreography— Movement Trajectory & Qualities

The central concept of the performance is to physically trace the topographic map while embodying the PSIs of all 20 patients. To realize this, I plotted 20 points across the map and assigned specific durations to each location, reflecting the average neuronal synchrony in that region. The resulting movement path emphasizes prolonged presence in dark red areas—symbolizing high synchrony—and minimal presence in dark blue areas, representing regions of desynchronization.









Soundtrack

The background soundtrack was edited from the four online sound effects and two songs attached. I chose machine and EEG sound effects to underscore the dance's data-driven origins However, there is still a gradual transition from crisp, structured beats into increasingly fragmented and chaotic

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Jilin. (2018b, September 28). First Overture (Spiritual Atom). Spotify. https://open.spotify.com/track/6gTFMyUfY6zo7iYweAazJM



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